

# Night Prayer

*You may wish to light a candle and have some reflective music playing in the background.*

The eternal God is your refuge, and  
underneath are the everlasting arms.

*Deuteronomy 33.27*

## Opening Sentences

The Lord almighty grant us a quiet night and a perfect end. **Amen.**

Our help is in the name of the Lord **who  
made heaven and earth.**

*Pause and reflect on the day that is past.*

Save us, O Lord, while waking, and  
guard us while sleeping, that awake  
we may watch with Christ and asleep  
may rest in peace.

## Bible Reading

*You may wish to say here the psalm given below, or Psalm 27, or another chosen psalm.*

### Psalm 91

- 1     Whoever dwells in the shelter of the Most High  
      and abides under the shadow of the Almighty,
- 2     Shall say to the Lord, 'My refuge and my stronghold,  
      my God, in whom I put my trust.'
- 3     For he shall deliver you from the snare of the fowler  
      and from the deadly pestilence.

- 4 He shall cover you with his wings and you shall be safe under his feathers; his faithfulness shall be your shield and buckler.
- 5 You shall not be afraid of any terror by night,  
nor of the arrow that flies by day;
- 6 Of the pestilence that stalks in darkness, nor of the sickness that destroys at noonday.
- 7 Though a thousand fall at your side and ten thousand at your right hand, yet it shall not come near you.
- 8 Your eyes have only to behold to see the reward of the wicked.
- 9 Because you have made the Lord your refuge  
and the Most High your stronghold,
- 10 There shall no evil happen to you, neither shall any plague come near your tent.
- 11 For he shall give his angels charge over you,  
to keep you in all your ways.
- 12 They shall bear you in their hands, lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; the young lion and the serpent you shall trample underfoot.
- 14 Because they have set their love upon me,  
therefore will I deliver them;  
I will lift them up, because they know my name.
- 15 They will call upon me and I will answer them;  
I am with them in trouble,  
I will deliver them and bring them to honour.

16 With long life will I satisfy them and show them my salvation.

**Glory to the Father and to the Son  
and to the Holy Spirit; as it was in the  
beginning is now and shall be for ever.  
Amen.**

*You may wish to use one of the following short readings or choose a passage of your own.*

*Sunday Evening*

You, O Lord, are in the midst of us, and we are called by your name; leave us not, O Lord our God.

*Jeremiah 14.9*

*Monday Evening*

Thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength.

*Isaiah 30.15*

*Tuesday Evening*

Jesus said, 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

*Matthew 11.28-end*

*Wednesday Evening*

Humble yourselves under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you.

*1 Peter 5.6,7*

*Thursday Evening*

Jesus said, 'I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world!'

*John 16.33*

### *Friday Evening*

God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep we may live with him.

*1 Thessalonians 5.9,10*

### *Saturday Evening*

Jesus said, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.'

*John 8.12*

## **Prayers**

Merciful God,  
we entrust to your unfailing and tender care this night  
those who are ill or in pain, knowing that  
whenever danger threatens your everlasting  
arms are there to hold us safe. Comfort and heal  
them,  
and restore them to health and strength; through  
Jesus Christ our Lord. **Amen.**

Be present, O merciful God,  
and protect us through the silent hours of this night, so  
that we who are wearied  
by the changes and chances of this fleeting world,  
may rest upon your eternal changelessness; through  
Jesus Christ our Lord. **Amen.**

Visit this place, O Lord, we pray, and drive far  
from it the snares of the enemy; may your  
holy angels dwell with us in peace, and may  
your blessing be always upon us; through  
Jesus Christ our Lord. **Amen.**

## The Lord's Prayer

**Our Father in heaven,  
hallowed be your name, your kingdom  
come, your will be done, on  
earth as in heaven. Give us today our  
daily bread. Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation but  
deliver us from evil.  
For the kingdom, the power,  
and the glory are yours, now  
and for ever. Amen.**

*(or)*

**Our Father,  
who art in heaven, hallowed be thy  
name; thy kingdom come; thy will be done;  
on earth as it is in heaven. Give us this  
day our daily bread. And forgive us our  
trespasses, as we forgive those who trespass  
against us. And lead us not into temptation;  
but deliver us from evil. For thine is the  
kingdom, the power and the glory, for ever  
and ever. Amen.**

## The Conclusion

**In peace we will lie down and sleep; for you  
alone, Lord, make us dwell in safety.**

The Lord bless us and watch over us;  
The Lord make his face to shine upon us and be gracious to us; The  
Lord look kindly upon us and give us peace. **Amen.**